

CORONAFEIRWS (COVID-19): DIWEDDARIAD WYTHNOSOL I DDARPARWYR GOFAL

CORONAVIRUS (COVID-19): WEEKLY UPDATE FOR CARE PROVIDERS

20 Ionawr / 20 January 2021

Mae Darparwyr Gofal yn rhoi gefnogaeth hanfodol i'r dinasyddion sydd fwyaf mewn perygl yn ein cymunedau, ac mae arweinyddiaeth gofal cymdeithasol yng Nghymru yn falch o'ch ymrwymiad parhaol a'ch gwaith caled.


Dylid darllen y bwletin gwybodaeth hon ar y cyd â'r cyngor diweddaraf gan [Iechyd Cyhoeddus Cymru \(PHW\)](#) a [Llywodraeth Cymru](#).


Gellir gweld y bwletin hwn a bwletinau blaenorol hefyd ar wefan [ADSS Cymru](#) – os oes gennych unrhyw ymholiadau, cysylltwch â rachel.pitman@adss.cymru



Care Providers give critical support to the most at-risk citizens in our communities, and the leadership of social care in Wales is proud for your continued commitment and hard work.

This information bulletin should be read in conjunction with the most recent advice from [Public Health Wales \(PHW\)](#) and [Welsh Government](#).

This bulletin and previous bulletins can also be found on the [ADSS Cymru website](#) – if you have any queries, please contact rachel.pitman@adss.cymru

Pwnc	Manylion	Dolenni
Gofal Cymdeithasol Cymru		
Rhoi Lles a chymorth i'r gweithlu (ailgyhoeddi gwybodaeth a chynnig cymorth newydd)	<p><u>Nodyn atgoffa o'r cymorth sydd ar gael:</u></p> <ul style="list-style-type: none"> Llinell gymorth gyfrinachol am ddim (y Samariaid) i weithwyr ym maes iechyd a gofal. [Ffoniwch 800 484 0555 – ar agor bob dydd, 7am i 11pm; Llinell gymorth Cymraeg 0808 164 2777 – ar agor bob noswaith, 7pm i 11pm]. Cyngor ac apiau lles Mae sesiynau cwnsela unigol ar gael trwy'r Rhaglen Cymorth i Weithwyr ['Care First', sydd ar gael 24/7, ffoniwch 0333 2129 212]. Time for Me (rhwydwaith cymorth ar gyfer rheolwyr gofal cartref) a Cwtch (rhwydwaith cymorth ar gyfer rheolwyr 	<p>Adnoddau iechyd a lles i helpu gwella lles Gofal Cymdeithasol Cymru</p> <p> Care First leaflet_biligual.docx</p> <p>Time for You Cofrestru i'r</p>



Topic	Detail	Links
Social Care Wales		
Workforce wellbeing and support (reissue of information and new support offer)	<p><u>A reminder of support available:</u></p> <ul style="list-style-type: none"> Free (Samaritans) confidential support line for health & care workers. [Call 0800 484 0555 - open every day, 7am to 11pm; Welsh language support line 0808 164 2777 - open every evening, 7pm to 11pm]. Wellbeing advice and apps Individual counselling sessions are available via the Employee Assistance Programme ['Care First' which is available 24/7, call 0333 2129 212]. Time for me (domiciliary care managers support network) and Cwtch (care home managers support network – fortnightly zoom meetings) 	<p>Health and well-being resources to help wellbeing be improved Social Care Wales</p> <p> Care First leaflet_biligual.docx</p> <p>Time for You Meeting</p>





	<p>cartrefi gofal – cyfarfodydd bob pythefnos trwy Zoom)</p> <ul style="list-style-type: none"> Grant marw yn y swydd coronafeirws ar gyfer teuluoedd gweithwyr ym maes gofal cymdeithasol <p>Hefyd, mae Gofal Cymdeithasol Cymru, mewn partneriaeth ag Age Cymru, yn datblygu cynnig cymorth cymheiriaid ar gyfer staff gofal sydd wedi profi colledion mwy sylweddol, ac yn profi galar a cholled.</p>	<p>Cyfarfod – Zoom</p> <p>Cofrestru Cwtch – Zoom</p> <p>https://www.nhs.uk/nhs-and-social-care-coronavirus-life-assurance-scheme-2020-wales</p> <p>Cysylltwch â rebecca.cicero@socialcare.wales i gael rhagor o wybodaeth</p>		<ul style="list-style-type: none"> Coronavirus death in service grant for social care employees’ families <p>In addition, Social Care Wales in partnership with Age Cymru are developing an offer of peer support for care staff who have experienced more significant losses, and are experiencing grief and loss</p>	<p>Registration - Zoom</p> <p>Cwtch Registration - Zoom</p> <p>https://www.nhs.uk/nhs-and-social-care-coronavirus-life-assurance-scheme-2020-wales</p> <p>Please get in touch with rebecca.cicero@socialcare.wales to find out more</p>
<p>Gofalwn.cymru Peilot rhaglen recriwtio sydyn</p> <ul style="list-style-type: none"> ✓ Nedd Port Talbot, ✓ Abertawe, 	<p>Er mwyn ymateb i bryderon am argaeledd gweithwyr o ganlyniad i Covid-19 rydym yn peilota rhaglen recriwtio sydyn sy’n creu llwybr carlam i gael pobl i mewn i swyddi’n gyflym.</p> <p>Bydd cwrs hyfforddi rhad-ac-am-ddim pedwar-diwrnod yn digwydd ar-lein (29 a 29</p>	<p> Training course - employers CYM.pdf</p> <p>Am fwy o wybodaeth, cysylltwch â: Karen Wakelin</p>	<p>WeCare.Wales Rapid Recruitment pilot in</p> <ul style="list-style-type: none"> ✓ Neath Port Talbot, ✓ Swansea, 	<p>In response to concerns about the availability of workers as a result of Covid-19, a rapid recruitment programme is being piloted with the aim of fast-tracking people into jobs across the sector.</p> <p>A free four-day online training course (28 & 29 Jan and 3 & 4 February) will cover the essentials needed to start work in social care.</p>	<p> Training course - employers ENG.pdf</p> <p>For further information contact: Karen Wakelin</p>

<p>✓ Sir Gaerfyrddin</p> <p>✓ Sir Benfro</p>	<p>Ion, 3 a 4 Chwef) yn trafod y pethau hanfodol sydd angen eu gwybod er mwyn dechrau gweithio ym maes gofal cymdeithasol. Mae'r cwrs hwn wedi cael ei groesgyfeirio â'r Fframwaith Sefydlu Cymru Gyfan ar gyfer Iechyd a Gofal Cymdeithasol. <u>Rhaid bod y recriwtiaid newydd yn gallu mynychu'r pedwar diwrnod llawn.</u></p> <p>Rydym yn gofyn i unrhyw un sydd â diddordeb i gofrestru ar borth swyddi Gofalwn Cymru. Byddwn yn cysylltu â nhw i drefnu cyfweiliad anffurfiol dros y ffôn er mwyn penderfynu os ydynt yn addas i weithio ym maes gofal cymdeithasol.</p> <p>Os ydych wedi apwyntio aelodau staff newydd, h.y. o fewn pedair wythnos o'r dyddiadau hyfforddiant, ac yn ei chael hi'n anodd darparu hyfforddiant o ganlyniad i Covid-19, efallai gallwn gynnig lle iddynt ar y cwrs. Cysylltwch â cyswilt@gofalwn.cymru i drafod hwn.</p> <p>Bydd y peilot yn cael ei werthuso gan SCIE, gyda chynlluniau ar gyfer cyrsiau pellach rhwng mis Chwefror a mis Ebrill. Ewch i Gofalwn.cymru i gael manylion am gyrsiau yn y dyfodol a sut i gyflwyno cyfleoedd gwaith.</p> <p>Mewn ymateb i'r pwysau Covid cyfredol, mae rhanbarthau eraill hefyd yn ystyried cyfleoedd</p>	<p>Rheolwr Datblygu a Gwella</p> <p>Ffon: 029 2078 0610 E-bost: Karen.Wakelin@SocialCare.Wales</p>	<p>✓ Carmarthenshire</p> <p>✓ Pembrokeshire</p>	<p>The course is mapped to the All-Wales Induction Framework for Health and Social Care workers. <u>Recruits will need to be available to attend all four days.</u></p> <p>Potential recruits are being asked to register their interest on the WeCare Wales jobs portal. They will then be contacted for a telephone interview, as first part of the screening process for their suitability to work in social care.</p> <p>If you have a newly appointed member of staff i.e. within four weeks of the set training dates and are having difficulties training them as a result of Covid-19, we may be able to offer them a place on the course. Please contact us at contact@wecare.wales to discuss.</p> <p>The pilot will be evaluated by SCIE, with plans for further courses in February to April. Please visit WeCare.Wales for details of future courses and how to submit job opportunities.</p> <p>In response to the current Covid pressures, other regions are also looking at opportunities to establish a similar programme as part of mutual aid and contingency plans.</p>	<p>Rheolwr Datblygu a Gwella Improvement and Development Manager Ffon: 029 2078 0610 E-bost: Karen.Wakelin@SocialCare.Wales</p>
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	i sefydlu rhaglen debyg fel rhan o gynlluniau cyd-gymorth a chynlluniau wrth gefn.	
Arolygiaeth Gofal Cymru		
Dyfeisiau profi llif unffordd mewn cartrefi gofal yng Nghymru	<p>Anfonodd Arolygiaeth Gofal Cymru (AGC) e-bost at bob cartref gofal i oedolion yr wythnos ddiwethaf ar ran Llywodraeth Cymru, ynglŷn â phrofi gweithwyr proffesiynol sy'n ymweld gan ddefnyddio dyfeisiau profi llif unffordd. Mae cartrefi gofal yng Nghymru wedi cael cyflenwad o ddyfeisiau profi llif unffordd i baratoi ar gyfer profi ymwelwyr personol, a gellir defnyddio'r citiau hyn i brofi gweithwyr proffesiynol hefyd.</p> <p>Mae staff cartrefi gofal wedi derbyn hyfforddiant ac arweiniad ar ddefnyddio'r profion llif unffordd sydd ar gael iddynt ers canol mis Rhagfyr, a dylent fod yn cyfeirio at y ddogfen ganllaw sydd wedi'i hatodi i'r llythyr hwn. Mae Llywodraeth Cymru yn cynghori cartrefi gofal i sicrhau bod nifer o staff wedi cael eu hyfforddi i ddefnyddio'r profion llif unffordd, er mwyn osgoi senarios lle nad oes aelod staff hyfforddedig ar gael i brofi gweithiwr proffesiynol sydd angen ymweld â rhywun sy'n byw yn y cartref gofal.</p>	
Iechyd Cyhoeddus Cymru		
Brechlyn COVID-19: cwestiynau cyffredin AR GYFER	Mae Iechyd Cyhoeddus Cymru wedi diweddarau'i gwestiynau cyffredin ar gyfer gweithwyr proffesiynol ym maes iechyd a gofal ar y brechlyn COVID-19.	https://icc.gig.cymru/pynciau/imiwn eiddio-a-

Care Inspectorate Wales		
Lateral Flow testing devices in care homes in Wales	<p>Care Inspectorate Wales (CIW) emailed all adult care homes last week on behalf of Welsh Government, regarding testing visiting professionals using Lateral Flow testing devices. Care homes in Wales have been provided with a supply of LFD tests in preparation for personal visitor testing, and these kits may be used for testing of professionals too.</p> <p>Care home staff have had training and guidance on the use of LFD tests available to them since mid-December, and should be referring to the guidance document attached to this letter. Welsh Government advise care homes to ensure a number of staff have been trained in utilising the LFD tests, to avoid scenarios where there is no trained staff member available to test a visiting professional who needs to attend someone living in the care home.</p>	
Public Health Wales		
COVID-19 vaccination: frequently asked questions	Public Health Wales has updated its FAQs for health and care professionals on the covid vaccination.	https://phw.nhs.wales/topics/immuni sation-and-

GWEITHWYR PROFFESIYNOL YM MAES IECHYD A GOFAL CYMDEITHASOL (Iechyd Cyhoeddus Cymru)		brechlynnau/gwybodaeth-brechlyn-covid-19/adnoddau-i-weithwyr-proffesiynol-iechyd-a-gofal-cymdeithasol/	FOR HEALTH & SOCIAL CARE PROFESSIONALS (Public Health Wales)		vaccines/covid-19-vaccination-information/resources-for-health-and-social-care-professionals/#FAQs
Sefydliad Iechyd y Byd			World Health Organisation (WHO)		
Arweiniad Sefydliad Iechyd y Byd wedi'i ddiweddarau	Mae Sefydliad Iechyd y Byd wedi cyhoeddi canllawiau wedi'u diweddarau ar atal a rheoli heintiau ar gyfer cyfleusterau gofal tymor hir yng nghyd-destun COVID-19.	 WHO-2019-nCoV-IP_C_long_term_care-20	World Health Organisation (WHO) updated guidance	WHO has published updated infection prevention and control (IP&C) guidance for long-term care facilities in the context of COVID-19.	 WHO-2019-nCoV-IP_C_long_term_care-20
Awdurdod Gwasanaethau Busnes GIG			NHS Business Services Authority		
Cynllun Yswiriant Bywyd Coronafeirws y GIG a Gofal Cymdeithasol	Mae'r cynllun hwn yn talu £60,000 i fuddiolwyr gweithwyr gofal cymdeithasol pan fydd modd cysylltu'r farwolaeth yn rhesymol â COVID-19 a natur y swydd.	https://www.nhs.uk/hsbsa.nhs.uk/nhs-and-social-care-coronavirus-life-assurance-scheme-2020-wales	NHS and Social Care Coronavirus Life Assurance scheme	This scheme pays £60,000 to the beneficiary of social care workers where the death can reasonably be linked to COVID-19 and the nature of the job role.	https://www.nhs.uk/hsbsa.nhs.uk/nhs-and-social-care-coronavirus-life-assurance-scheme-2020-wales
Llywodraeth Cymru			Welsh Government		
Datganiad Llafar: Strategaeth frechu COVID-19	Vaughan Gething MS, Y Gweinidog Iechyd a Gwasanaethau Cymdeithasol	https://llyw.cymru/datganiad-llafar-strategaeth-frechu-covid-19	Oral Statement: COVID-19 Vaccine Strategy	Vaughan Gething MS, Minister for Health and Social Services	https://gov.wales/oral-statement-covid-19-vaccine-strategy

<p>Templedi atal a rheoli heintiau</p>	<p>Mae'r templed sydd wedi'i atodi wedi'i greu er mwyn cefnogi cartrefi gofal i feddwl am sut y gall arweiniad atal a rheoli heintiau fod yn gymwys yn eu lleoliad penodol. Digwyddodd hyn o ganlyniad i ymrwymiad yng nghynllun gaeaf Llywodraeth Cymru ar gyfer gofal cymdeithasol, ac mae wedi cael ei lywio gan drafodaethau gyda rhanddeiliaid, gan gynnwys Iechyd Cyhoeddus Cymru, swyddogion iechyd yr amgylchedd awdurdodau lleol a chynrychiolwyr atal a rheoli heintiau mewn byrddau iechyd lleol. Nid oes rhaid cwblhau'r templed hwn, ac mae rhai awdurdodau lleol a byrddau iechyd wedi datblygu templedi a phrosesau tebyg ar gyfer cartrefi yn eu hardaloedd. Gall y templed hwn fod yn ddefnyddiol i wasanaethau sy'n adolygu eu trefniadau atal a rheoli heintiau yn yr ardaloedd hynny lle nad oes dogfennau tebyg eisoes ar waith.</p>	<p> IP&C template - final version - 2020-4</p> <p> Final Wales Waste 3rd July 20 - advice t</p>	<p>Infection prevention and control (IP&C) templates</p>	<p>The attached template has been created to support care homes to think about how IP&C guidance can apply in their specific setting. This came about as a result of a commitment in Welsh Government's winter plan for social care, and has been informed by discussions with stakeholders including Public Health Wales, Local Authority Environmental Health Officers and IP&C Local Health Board representatives. Completion of this template is not mandatory, and some local authorities and health boards have developed similar templates and processes for homes in their areas. This template may be useful to services reviewing their IP&C arrangements in those areas where similar documentation is not already in place.</p>	<p> IP&C template - final version - 2020-4</p> <p> Final Wales Waste 3rd July 20 - advice t</p>
<p>Strategaeth frechu COVID-19</p>	<p>Sut y byddwn yn diogelu ein poblogaeth rhag COVID-19 drwy frechu.</p>	<p>https://llyw.cymru/strategaeth-frechu-covid</p>	<p>COVID-19 vaccination strategy</p>	<p>How we will protect our population from COVID-19 through vaccination.</p>	<p>https://gov.wales/covid-19-vaccination-strategy</p>
<p>Disgwyliadau o ran dysgu o bell i ddisgyblion mewn</p>	<p>Darllenwch fwy am y disgwyliadau o ran dysgu o bell i ddisgyblion mewn blynyddoedd arholiad.</p>	<p>https://llyw.cymru/disgwyliadau-o-ran-dysgu-o-bell-i-</p>	<p>Expectations of remote learning for pupils in exam years</p>	<p>Read more about expectations of remote learning for pupils in exam years.</p>	<p>https://gov.wales/expectations-remote-</p>

blynyddoedd arholiad		ddisgyblion-mewn-blynyddoedd-arholiad			learning-pupils-exam-years
Canllawiau ar addysg uwch: Diogelu Cymru (COVID-19)	Beth gall y sector addysg uwch wneud i ddiogelu iechyd a diogelwch myfyrwyr, staff a'u cymuned.	https://llyw.cymru/canllawiau-ar-addysg-uwch-diogelu-cymru-covid-19	Guidance for higher education: Keep Wales Safe (COVID-19)	What the higher education sector can do to protect the health and safety of students, staff and their community.	https://gov.wales/guidance-higher-education-keep-wales-safe-covid-19
Y Safonau Gofynnol Cenedlaethol (SGC) ar gyfer gofal plant a reoleiddir: canllawiau COVID-19	Sut mae'r newidadau dros dro i rai o ofynion y Safonau Gofynnol Cenedlaethol wedi'u hailgyflwyno i gefnogi'r rheini sy'n darparu gofal plant ar gyfer pob plentyn.	https://llyw.cymru/y-safonau-gofynnol-cenedlaethol-sgc-ar-gyfer-gofal-plant-reoleiddir-canllawiau-covid-19	National Minimum Standards (NMS) for regulated childcare: COVID-19 guidance	How the temporary changes to some standards in the NMS have been reintroduced to support childcare providers caring for all children.	https://gov.wales/national-minimum-standards-nms-regulated-childcare-covid-19-guidance
Addysg bellach: coronafeirws	Newidiadau i ddysgu, arholiadau, a mynd i'r ysgol a'r coleg yn ystod pandemig y coronafeirws.	https://llyw.cymru/canllawiau-addysg-bellach-coronafeirws	Further education: coronavirus	Changes to learning, exams, and attending schools and colleges during the coronavirus pandemic.	https://gov.wales/further-education-coronavirus-guidance

Gwerth R	Copïau o'r data sy'n diffinio gwerth R	https://llyw.cymru/atisn14672	R value	Copies of the data that defines the R value.	https://gov.wales/atisn14672
Marwolaethau o Covid	Nifer y marwolaethau o Covid.	https://llyw.cymru/atisn14655	Deaths from Covid	The number of deaths from Covid.	https://gov.wales/atisn14655
Aros Gartref i Achub Bywydau – diolch i wirfoddolwyr cymunedol	Heddiw, diolchodd y Dirprwy Weinidog a'r Prif Chwip, Jane Hutt, i'r llu o wirfoddolwyr cymunedol ledled Cymru sy'n gweithio'n galed i ofalu amdanoch chi a'ch anwyliaid a'ch cadw'n saff yn y cyfnod anodd iawn hwn.	https://llyw.cymru/aros-gartref-i-achub-bywydau-diolch-i-wirfoddolwyr-cymunedol	Stay Home to Save Lives – thank you to community volunteers	The Deputy Minister and Chief Whip, Jane Hutt, today thanked the legion of community volunteers across Wales, who are working hard to help keep you and your loved ones safe and cared for in these very difficult times.	https://gov.wales/stay-home-save-lives-thank-you-community-volunteers
Datganiad Ysgrifenedig: Atal coridorau teithio	Mark Drakeford AS, Y Prif Weinidog	https://llyw.cymru/datganiad-ysgrifenedig-atal-coridorau-teithio	Written Statement: Suspension of travel corridors	Mark Drakeford MS, First Minister	https://gov.wales/written-statement-suspension-travel-corridors
Canolfannau brechu'r coronafeirws (COVID-19)	Rhestr o drefi a dinasoedd lle mae canolfannau brechu'r coronafeirws yn gweithredu neu wedi'u cynllunio.	https://llyw.cymru/canolfannau-brechur-coronafeirws-covid-19?_ga	Coronavirus (COVID-19) vaccination centres	List of towns and cities where coronavirus (COVID-19) vaccination centres are operating or planned.	https://gov.wales/coronavirus-covid-19-vaccination-centres

<p>Rhaglen Cymorth i Weithwyr i bawb sy'n gweithio mewn gofal cymdeithasol</p>	<p>Lansiwyd Rhaglen Cymorth i Weithwyr ar 4 Rhagfyr 2020 i bawb sy'n gweithio mewn gofal cymdeithasol yn y sectorau preifat a gwirfoddol yng Nghymru, gan gynnwys cynorthwyr personol. Mae posteri a gwybodaeth am y gwasanaeth wedi'u hanfon at weithleoedd am sut i gael mynediad at y Rhaglen Cymorth i Weithwyr hon.</p> <p>Darperir y gwasanaeth hwn gan Care First, sy'n gallu helpu gydag ystod eang o faterion gwaith, teulu a phersonol. O gydbwysedd rhwng gwaith a bywyd i wybodaeth am ofal plant, ac o berthnasau i faterion yn y gweithle ac iechyd a lles, gall gwasanaeth y Rhaglen Cymorth i Weithwyr ddarparu cymorth i ddelio â materion sy'n cael effaith ar bawb yn ystod ein bywydau.</p>	<p>Os oes gennych unrhyw ymholiadau, e-bostiwch EAPqueries@socialcare.wales</p>	<p>An employee assistance programme (EAP) for all those employed in social care</p>	<p>An employee assistance programme (EAP) was launched on 4 December 2020 for all those employed in the social care workforce in the private and voluntary sectors in Wales, including personal assistants. Posters and information about the service have been sent out to workplaces about how to access this EAP.</p> <p>This service is provided by Care First who can help with a wide range of work, family and personal issues. From work-life balance to childcare information, relationships to workplace issues, health and well-being, the EAP service can provide support to deal with issues that affect us all at some point in our lives.</p>	<p>If you have any queries please email EAPqueries@socialcare.wales</p>
<p>Ymgynghoriad Papur Gwyn ar ailgydbwys gofal a chymorth</p>	<p>Mae'r ddogfen ymgynghori hon yn ceisio barn ar gynigion i gyflwyno deddfwriaeth newydd i wella trefniadau gofal cymdeithasol a chryfhau gweithio mewn partneriaeth i gyflawni'r weledigaeth a nodir yn Neddf Gwasanaethau Cymdeithasol a Llesiant (Cymru) 2014 ar gyfer pobl sydd angen gofal a chymorth a gofalwyr sydd angen cymorth arnynt. Mae cynigion yn cynnwys gosod fframwaith cenedlaethol clir i gefnogi gwasanaethau a fydd yn cael ei gynllunio ar lefel ranbarthol a'i gyflwyno ar lefel leol, a chryfhau trefniadau partneriaethau.</p>	<p>Dolen – https://gov.wales/sites/default/files/consultations/2021-01/consultation-document.pdf</p>	<p>Rebalancing care and support white paper consultation</p>	<p>This consultation document seeks views on proposals to introduce new legislation to improve social care arrangements and strengthen partnership working to achieve the vision set out in the Social Services and Well-being (Wales) Act 2014 for people who need care and support and carers who need support. Proposals include setting out a clear national framework to support services to be planned regionally and delivered locally, and for the strengthening of partnership arrangements.</p>	<p>Link- https://gov.wales/sites/default/files/consultations/2021-01/consultation-document.pdf</p>

Dolenni defnyddiol / Useful links:

Gofal Cymdeithasol Cymru – tudalennau gwe COVID-19 https://gofalcymdeithasol.cymru/gwella-gwasanaethau/gwybodaeth-ac-adnoddau-ich-tywys-trwy-covid-19	Social Care Wales – Covid-19 web pages: https://socialcare.wales/service-improvement/information-and-resources-to-guide-you-through-covid-19
GofalwnCymru – Swyddi diweddaraf https://www.wecare.wales/jobs/	WeCareWales – Latest Jobs https://www.wecare.wales/jobs/
ADSS Cymru – Cefnogaeth i Ddarparwyr a Gomisiynwyd https://www.adss.cymru/cy/blog/post/covid19-commissioners	ADSS Cymru – Support for Commissioned Providers https://www.adss.cymru/en/blog/post/covid19-commissioners
Iechyd Cyhoeddus Cymru, Datganiadau Dyddiol am 2yp: https://covid19-phwstatement.nhs.wales/	Public Health Wales, Daily 2pm Statements: https://covid19-phwstatement.nhs.wales/
Dangosfwrdd Data Coronafeirws Iechyd Cyhoeddus Cymru https://public.tableau.com/profile/public.health.wales.health.protection#!/vizhome/RapidCOVID-19virology-Public/Headlinesummary	Public Health Wales Coronavirus Data Dashboard https://public.tableau.com/profile/public.health.wales.health.protection#!/vizhome/RapidCOVID-19virology-Public/Headlinesummary
Arolygiaeth Gofal Cymru, Cwestiynau Cyffredin: https://arolygiaethgofal.cymru/coronafeirws-covid-19-cwestiynau-cyffredin	Care Inspectorate Wales, FAQs: https://careinspectorate.wales/coronavirus-covid-19-frequently-asked-questions-faqs